



CAaSSA NEWSLETTERS

Prominent Activities and Events September, 2024

Support Group

The group provides a safe and non-judgemental environment, where participants can share their own experience and together explore new skills and strategies to manage urges and cravings, cope with stress, manage their thoughts, emotions and behaviour

Target group: Vietnamese people having problem gambling or playing at risk
Location: Main Hall, 62 Athol St, Athol Park, 5012.
Date and time: 11th & 25th September 2pm-4:30pm
Contact person: Ms Thao Nguyen (08 84478821)

Women Social Group

Assist women to socialise with healthy physical activities as an alternative way to gambling

Target group: Vietnamese Women
Location: Main Hall, 62 Athol St, Athol Park, 5012
Date and time: 4th & 18th September, 3pm-5:30 pm
Contact person: Ms. Nhung Huynh (08 84478821)



Arabic Male Group

Please come and join our social and wellbeing discussion

Target group: Arabic speaking male
Location: 28 Ann Street, Salisbury, 5108
Date and time: Every Wednesday, 10am-1pm
Contact person: Mr. Saad (0406550400)

Arabic Women Group

Provide a warm and welcoming environment for Arabic speaking women to come together, enjoy each other's company, and break free from isolation.

Target group: Arabic speaking women
Location: Meeting room, 62 Athol St, Athol Park, 5012
Date and time: Every Wednesday, 11am-1pm
Contact person: Salam (0416457505)

Smart Recovery

Bhutanese

Provide mutual support recovery and a self-management group designed to help people who wants to recover from Alcohol and Other Drugs (AOD) issues.

Target group: Bhutanese AOD clients
Location: 28 Ann Street, Salisbury, 5108
Date and time: 20th September, 10am -12pm
Contact person:
 Mr. Biren (0403 066 293)
 Mr. Deng (0402 533 824)

Smart Recovery

Vietnamese

Provide mutual support recovery and a self-management group designed to help people who wants to recover from AOD issues.

Target group: Vietnamese AOD clients
Location: Main Hall, 62 Athol St, Athol Park, 5012
Date and time: 6th & 20th September, 10:30 am – 1:30 pm
Contact person: Mr. Bao Chau & Mr. Khuong Tran (08 84478821)



Dancing Class

Target group: Vietnamese people
Location: Main Hall, 62 Athol St, Athol Park, 5012
Date and time: Every Sunday 6pm-10pm
Fee: \$15 each time/person
Contact person: Mr Hanh 0475049540





Community Centre Support

Provide a variety of support to community including legal, tax claim and language barrier support.

Target group:

- o *Legal and tax help:* everyone
- o *Language barrier support:* Vietnamese people

Location: Main Hall, 62 Athol St, Athol Park, 5012

Date and time: Booking via phone is required

- o *Legal help:* every Wednesday, 10:30am – 4:00pm
- o *Tax help:* every Tuesday 9:00-5:00pm.
- o *Language barrier support:* Every Monday, Tuesday, and Friday 1:30pm – 4:30 pm

Contact for booking: (08) 8447 8821



Aged-care Social Support Group

Assist elderly participants to reduce social isolation, and connect with other community members.

Target group: Elderly 65+
Location: Main Hall, 62 Athol St, Athol Park, 5012

Date and time: every Monday, Tuesday, and Thursday, 9am-1pm

Contact person: Ms. Nhung Dinh Ms. Huong Huynh, (08) 8447 8821

Notes: New participants, please contact admin to register (08 8447 8821)

ADULT COMMUNITY EDUCATION PROGRAM

Provide English, computing and digital skills for everyday life, social integration, and career pathway for adult community members from CALD background.

English Classes

Target group: Vietnamese people
Location: Meeting Room, 62 Athol St, Athol Park, 5012
Date and time: Every Monday and Wednesday, 5:30 pm – 8:00 pm
Contact person: Ms Thuong (0401 087 345)



English and Computing Classes

Target group: Vietnamese people
Location: Meeting Room, 62 Athol St, Athol Park, 5012
Date and time: Every Tuesday 10am – 2pm
Contact person: Ms Thuy (08 8447 8821)

English and Digital Literacy for support workers

Target group: Support workers
Location: 51 Bower Street, Woodville, 5011
Date and time: Every Monday, 5pm-8pm
Contact person: Ms Hang (0406 813 454)

English for Entrepreneurship, healthy and happy families

Target group: Arabic women, Afghan people
Location: 51 Bower Street, Woodville, 5011 28 Ann Street, Salisbury, 5108
Date and time: Every Monday, Wednesday, and Friday, 10am-1pm, 5pm-8pm
Contact person: Ms Salam (0416 457 505)

English for Health and Wellbeing

Target group: Arabic Male
Location: 28 Ann Street, Salisbury, 5108
Date and time: Every Wednesday 10am-1pm
Contact person: Mr. Saad (0406 550 400)

MULTICULTURAL ADULT LEARNERS' WEEK CELEBRATION

This event will celebrate the achievements of adult learners from diverse backgrounds. Presentations from Vietnamese, Nepalese, Arabic-speaking, and Afghan learners, along with cultural workshops and a multicultural food-sharing experience will highlight our commitment to lifelong learning and cultural exchange, and promise a vibrant celebration of education and diversity in our community.

Main Hall, 62 Athol St, Athol Park, 5012
10:30 AM to 1:30 PM

PARTICIPANTS: Learners of ACE programs and CAaSSA social groups



English for Healthy Gardening

Target group: Nepalese people
Location: 28 Ann Street, Salisbury, 5108
Date and time: Every Wednesday, 10am-1pm
Contact person: Mr. Teju 0480 279 890