



CAaSSA NEWSLETTERS

Prominent Activities and Events October, 2024

Aged-care Social Support Group

Assist elderly participants to reduce social isolation, and connect with other community members

Target group: Elderly 65+

Location: Main Hall, 62 Athol St, Athol Park, 5012

Date and time: every Monday, Tuesday, and Thursday, 9am-1pm

Contact person: Ms. Nhung Dinh, Ms. Huong Huynh,
(08) 8447 8821

Notes: New participants, please contact admin to register
(08 8447 8821)

Community Centre Support

Provide a variety of support to community including legal, tax claim and language barrier support.

Target group:

- *Legal and tax help:* everyone
- *Language barrier support:* Vietnamese people

Location: 62 Athol St, Athol Park, 5012

Date and time: Booking via phone is required

- *Legal help:* every Wednesday, 10:30am – 4:00pm
- *Tax help:* every Tuesday 9:00-5:00pm.
- *Language barrier support:* Every Monday, Tuesday, and Friday 1:30pm – 4:30 pm

Contact for booking: (08) 8447 8821



Fathers' Day and Birthday celebration



Dedicated to the Growth and Support of CALD Communities



ADULT COMMUNITY EDUCATION PROGRAM

We provide English, computing and digital skills for everyday life, social integration, and career pathway for adult community members from CALD background.
From October 2024, we are seeking expression of interest for English and digital skills from Vietnamese farmers in Virginia area. Please contact us for more details (08 84478821).

English Classes

Target group: Vietnamese people
Location: Meeting Room, 62 Athol St, Athol Park, 5012
Date and time: Every Monday and Wednesday, 5:00 pm – 8:00 pm
Contact person: Ms Thuong (0401 087 345)

English and Computing Classes

Target group: Vietnamese people
Location: Meeting Room, 62 Athol St, Athol Park, 5012
Date and time: Every Tuesday 10am – 2pm
Contact person: Ms Thuy (08 8447 8821)

English for Health and Wellbeing

Target group: Arabic Male
Location: 28 Ann Street, Salisbury, 5108
Date and time: Every Wednesday 10am - 1pm
Contact person: Mr. Saad (0406 550 400)



English for Healthy Gardening

Target group: Nepalese people
Location: 28 Ann Street, Salisbury, 5108
Date and time: Every Wednesday, 10am-1pm
Contact person: Mr. Teju 0480 279 890

English for Entrepreneurship, healthy and happy families

Target group: Arabic women, Afghan people
Location:
- 51 Bower Street, Woodville, 5011
- 28 Ann Street, Salisbury, 5108
Date and time: Every Monday, Wednesday, and Friday, 10am-1pm, 5pm-8pm
Contact person: Ms Salam (0416 457 505)



English and Digital Literacy for support workers

Target group: Support workers
Location: 51 Bower Street, Woodville, 5011
Date and time: Every Monday, 5pm-8pm
Contact person: Ms Hang (0406 813 454)

Dedicated to the Growth and Support of CALD Communities



Smart Recovery

Bhutanese

Provide mutual support recovery and a self-management group designed to help people who wants to recover from Alcohol and Other Drugs (AOD) issues.

Target group: Bhutanese AOD clients

Location: 28 Ann Street, Salisbury, 5108

Date and time: 11th October, 10am -12pm

Contact person:

Mr. Biren (0403 066 293)

Mr. Deng (0402 533 824)

Smart Recovery

Vietnamese

Provide mutual support recovery and a self-management group designed to help people who wants to recover from Alcohol and Other Drugs AOD issues.

Target group: Vietnamese AOD clients

Location: Main Hall, 62 Athol St, Athol Park, 5012

Date and time: 4th & 18th October, 10:30 am – 1:30 pm

Contact person: Mr. Bao Chau & Mr. Khuong Tran (08 84478821)

Dancing Class

Target group: Vietnamese people

Location: Main Hall, 62 Athol St, Athol Park, 5012

Date and time: Every Sunday, 6pm-10pm

Fee: \$15 each time/person

Contact person:

Mr Hanh 0475049540



LOCATION: 62 Athol street. Athol Park.

Small Business & Coaching with Auctus

This eight-week course, starting 30/10/2024, runs one day a week and includes the development of a comprehensive business plan and a two-year financial forecast for the business. Afterward, participants receive 12 months of personalised business coaching and a Certificate III in Entrepreneurship & New Business.

Target group: Everyone

Location: Flinders Wellbeing Centre, 28 Ann St, Salisbury, 5108

Date and time: 30th October, 10:00 am – 2:00 pm

Contact person: Mr. Nara Ghimire: 0406435217
Mr. Elias Kabura: 0402162240





Women Social Group

Assist women to socialise with healthy physical activities as an alternative way to gambling

Target group: Vietnamese Women

Location: Main Hall, 62 Athol St, Athol Park, 5012

Date and time: 2nd, 16th & 30th October, 3pm-5:30 pm

Contact person: Ms Thao Nguyen (08 84478821)

Arabic Women Group

Provide a warm and welcoming environment for Arabic speaking women to come together, enjoy each other's company, and break free from isolation.

Target group: Arabic speaking women

Location: Meeting room, 62 Athol St, Athol Park, 5012

Date and time: Every Wednesday, 11am-1pm

Contact person: Salam (0416457505)

Resilience Group

Provide participants better understanding of how to maintain self-care, build or maintain connection/relationship to others and seek professional help when needed.

Target group: Vietnamese females (18 to 64 yrs)

Location: 62 Athol St, Athol Park, 5012, or Outdoor when applicable

Date and time: Friday 4th and 18th October, 12:00-2:00 pm

Contact person: Trang (Angelina) Bui, 0435 131 733

Support Group

The group provides a safe and non-judgemental environment, where participants can share their own experience and together explore new skills and strategies to manage urges and cravings, cope with stress, manage their thoughts, emotions and behaviour

Target group: Vietnamese people having problem gambling or playing at risk

Location: Main Hall, 62 Athol St, Athol Park, 5012.

Date and time: 9th & 23th October 2pm-4:30pm

Contact person: Ms Thao Nguyen (08 84478821)



Physical activities - Women Social Group