

Community Centre

We have various community activities for you to receive support, connect with others and learn social skills to reduce social isolation.



Friendship Café



Social Groups



English and Computing Classes



Health & Well being groups



Scan me



caassa.org.au



08 8447 8821



admin@caassa.org.au



CAASSA Main Office

62 Athol Street, Athol Park SA 5012



Outreach Offices

Woodville and Salisbury



CAASSA staff can speak many languages

Hello

English

Xin chào

Vietnamese

Bonjour

French

नमस्ते

Nepali

مکي لع مالس ل ا

Arabic

Habari

مالس

Dari

Swahili

مالس

Farsi

مۇك ي دلەئۇ مال اس سەئ

Uyghur

Yambu

Kudual

Kirundi

Dinka

ولى

نم س تے

Urdu

Hindi

Connecting, empowering and supporting Culturally and Linguistically Diverse (CALD) communities.



CAASSA Services

Mental Health Service

CAASSA specialises in providing psychosocial support services tailored to individuals from CALD backgrounds.

- **One-on-one support**
Personalised assistance to help you navigate your recovery journey.
- **Group activities**
A safe and supportive environment to connect, share and grow with others.

We are proud to have CALD workers who understand your challenges and walk alongside you.

Your recovery journey starts here. Together, we can create a brighter future.

National Disability Insurance Scheme (NDIS)

CAASSA is a registered NDIS provider. We can support you & your family to access the NDIS & provide you with the disability supports you need.

- We can speak your language.
- We can help you with daily activities like: transportation meal preparation, cleaning, basic household skills, self-care activities, community participation, interpretation & translation.
- We can help to coordinate your NDIS plan & coach you with mental health challenges.

Aged Care Service

CAASSA offers Aged Care services to CALD individuals who are 65+ years old.

- We help older Australians and their carers to access basic support with everyday tasks, so you can keep living independently & safely at home.
- We offer in-home and community services, including domestic support, personal care, flexible respite care, social support, shopping assistance, food preparation and delivery, community activities & transport.

Adult Community Education

We speak your language to help you learn new skills and achieve your education and employment goals, including:

- English Language
- Computing
- Well-being classes.

Classes on offer change each semester. Ask us for our current class timetable.

Drug & Alcohol Service

CAASSA staff are well-trained and experienced in working with individuals from diverse cultural backgrounds who experience harm from alcohol and drug use.

We offer free & non-judgemental help:

- One-on-one support
- Individual counselling
- Smart Recovery support groups
- Peer & family support.

Gambling Help Service

We provide support and counselling for people from Vietnamese backgrounds who are experiencing gambling harm. Tailored to your language and cultural background, we offer free, non-judgemental help:

- One-on-one support (e.g debt & accommodation)
- Address issues associated with gambling harms
- Assist you to learn skills to manage gambling behaviours and prevent relapses.